



## Essentials and Heat at Home Items for Collection or Delivery Wednesdays and Fridays

4 Pints Semi Skimmed Milk	£1.80	4 Vine Tomatoes	£1.75
4 Pints Full Fat Milk	£1.80	Cucumber	£0.65
Homemade White or Brown Bloomer	£1.80	Large Orange each	£0.55
½ Dozen Eggs	£1.25	Granny Smith – each	£0.40
1 Litre Orange Juice	£1.75	Banana x 5	£1.75
1 Litre Apple Juice	£1.75	<b><i>All the dishes below are individual and are to cook/reheat at home</i></b>	
8 Rashers Back Bacon	£2.95	500ml Homemade Soup	£3.00
2 Large Chicken Breasts	£4.50	Smoked Haddock Croquette	£3.00
8 Pork Sausage	£3.50	Homity Pie (Leek, Potato, Onion & Cheese)	£5.00
500g Beef Mince	£3.75	Steak Pie	£6.50
10oz Ribeye	£7.00	Beef Lasagne	£7.50
8oz Sirloin	£6.00	Vegetable Lasagne	£6.00
Sugar, P Flour, SR Flour, & White Bread Flour Per kilo	£2.00	Chicken, Chorizo, Spicy Sausage, Orzo Pasta Bake	£8.75
Fermipan Dried Yeast 75g	£1.50	Sea Bass, New Potatoes, Caper Lemon Butter	£8.75
Penne Pasta 500g	£1.50	Medley of Green Vegetables	£1.50
Long Grain Rice 250g	£1.50	Sticky Toffee Pudding & Toffee Sauce	£3.00
Salted Butter (per 250g block)	£1.75	Chocolate Brownie & Chocolate Sauce	£3.00
Potatoes, Carrots & Onions per kilo	£1.25	(2 desserts for £5 on the desserts above)	
Courgette	£0.80	Vanilla Cheesecake	£3.50
Red Pepper	£0.75		

Available for collection or delivery (£2.50 in Clifton or £5 out of the village) after 4pm on Fridays (order by 6pm Thursday). Please email [jane@blackhorseclifton.co.uk](mailto:jane@blackhorseclifton.co.uk) or text 07528 393509 to order.

Payment by bank transfer, contactless or cash.

Thank you for your business, should you require any other items, please ask and we will endeavor to supply. Your support is greatly appreciated.