



Essentials and Heat at Home Items for Collection or Delivery Wednesdays and Fridays

4 Pints Semi Skimmed Milk	£1.80	Iceberg Lettuce	£1.25
4 Pints Full Fat Milk	£1.80	4 Large Vine Tomatoes	£1.75
Homemade White or Brown Bloomer	£1.80	Cucumber	£0.60
½ Dozen Eggs	£1.25	Large Orange each	£0.55
1 Litre Orange Juice	£1.75	Granny Smith – each	£0.40
1 Litre Apple Juice	£1.75	Banana x 5	£1.50
8 Rashers Back Bacon	£2.95	<i>All the dishes below are individual and are to cook/reheat at home</i>	
2 Large Chicken Breasts	£4.50	500ml Homemade Soup	£3.00
8 Pork Sausage	£3.50	Smoked Salmon Fishcake	£3.00
500g Beef Mince	£3.75	Homity Pie (Leek, Potato, Onion & Cheese)	£5.00
10oz Ribeye	£7.00	Steak Pie	£6.00
8oz Sirloin	£6.00	Fish Pie	£7.00
Sugar, P Flour, SR Flour, & White Bread Flour Per kilo	£2.00	Beef Lasagne	£7.00
Fermipan Dried Yeast 75g	£1.50	Vegetable Lasagne	£6.00
Penne Pasta 500g	£1.50	Sea bass, Crushed New, Tomato & Olive Sauce	£8.50
Long Grain Rice 250g	£1.50	Medley of Vegetables	£1.50
Salted Butter (per 250g block)	£1.75	Mashed Potato	£1.50
Potatoes, Carrots & Onions per kilo	£1.25	Sticky Toffee Pudding & Toffee Sauce	£3.00
Courgette	£0.80	Chocolate Brownie & Chocolate Sauce	£3.00
Red Pepper	£0.75	Treacle Tart	£3.00
		(2 desserts for £5 on the desserts above)	
		Cheesecake (flavour changes)	£3.50

Available for collection or delivery (£2.50 in Clifton or £5 out of the village) between 1pm and 3pm (outside these times by request) Wednesdays (order by 6pm Tuesday) and Fridays (order by 6pm Thursday). Please email jane@blackhorseclifton.co.uk or text 07528 393509 to order.

Payment by bank transfer, contactless or cash.

Thank you for your business, should you require any other items, please ask and we will endeavor to supply. Your support is greatly appreciated.